

**Pelican
Reef
Caterers
1260
Flatbush**

MAY BREAKFAST MENU 2022

(Menu are subject to change due to availability of item.comparable substitution will be made)

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 1 Brooklyn ny 11226 917-966- 9800		¼ cup toasted oat ½ cup slice bannas 4-6 oz 1% milk	1 croissant ½ cup apples 4-6 oz 1% milk	1 scramble eggs ½ sl wgw bread ½ cup banana 4-6 oz 1% milk	½ bagel ½ cup slice apple 4-6oz 1% milk	¼ cup cornflake ½ cup oranges 4-6 oz 1% milk	Enjoy your weekend
09-11		1 wafer 1/2 cup orange 4-6 oz 1% milk	1 sl pancake 1/2cup banana 4-6 oz 1% milk	¼ cup crisp rice ½ cup slice apple 4-6 oz 1% milk	1/2 bagel 1/2 cup pineapple 4-6 oz 1% milk	3/4 toasted oat 1/2 banana 6-8 oz 1% milk	If you need sub any meal let us know in advance. Thank you
WEEK 16-20		1/2 bagel ½ cup banana 4-6 oz 1% milk	¼ cup cornflake ½ cup oranges 4-6 oz 1% milk	1 boil egg ½ sl wwbread ½ cup banana 4-6 oz 1% milk	3/8 cup oatmeal ½ cup oranges 4-6 oz 1% milk	¼ cup crispyrice ½ cup pineapple 4-6 oz 1% milk	
WEEK 4 23-27		1sl pancake ½ cupcandelope 4-6 oz1% milk	¼ cup cornflake ½ cup apples 4-6 oz 1% milk	½ englishmuffin ½ cup oranges 4-6 oz 1% milk	1 sl waffer ½ cup banana 4-6 oz 1% milk	¼ CUP TOASTEDOAT ½ CUP BANANA 4-6 OZ 1% MILK	
Week 5 30-31		MEMORIAL DAY ENJOY	¼ cup crisprice ½ cup bannas 4-6 oz 1% milk				21 DAYS BREAKFAST

PelicanReef
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h ave

MAY LUNCH MENU 2022

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BOOKING	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 1 02-06 917-966-9800		3.5 oz macaroni W I f cheese 2 oz greenbean ½ cup slice apple 6-8 oz 1% milk	1.5 oz grill chicken 2 oz brown rice 4 oz toss salad ½ cup slice orange 6-8 oz 1% milk	1.5 oz meatball 2oz spaghetti 2 oz cauliflower ½ cup slice apples 6-8 oz 1% milk	3.5 oz chicken patty 2 oz mix vegetable 2 oz lo-mein ½ cup pineapple 6-8oz 1% milk	3.5 oz slice pizza W I f cheese 4 oz toss salad ½ cup honeydew 6-8 oz 1% milk	Enjoy your weekend
Week 2 09-11		3.5 oz penne W L F Cheese 2 oz greenbean ½ cup banana 6 oz 1% milk	2 oz bbq meatball 2 oz spaghetti oz toss salad ½ cup apple 6 oz 1% milk	2 oz grill chicken 2oz egg noodle 5 oz mix vegetable ½ cup cantaloupe 6 oz 1% milk	3.5 oz chicken nugget 2 oz lo mein 2 oz slice cauliflower ½ cup honeydew 6 oz 1% milk	3.5 oz pizza W I f cheese 4 oz toss salad ½ cup orange 6 oz 1% milk	
Week 3 16-20		⅞ cup kidneybean 2 oz brown rice 2 oz greenbean ½ cup slice oranges 6-8 oz 1 % milk	2 oz baked chicken 2 oz egg noodle 2 oz pea&carrot ½ cup slice apple 6 oz 1% milk	3.5 oz baked ziti w I f cheese 4 oz toss salad ½ cup slice candelope 6-8 oz 1% Milk	3.5 oz chicken patty 2 oz oven potatoes 2 oz broccoli ½ cup pine apple 6oz 1% milk	3.5 oz pizza W I f cheese 4 oz toss salad ½ cup honeydew 6oz 1% milk	
Week 4 23-27		3/8 cup pinto bean 2 oz brown rice 4 oz toss salad 1/ cup pineapple 6-8 oz 1% milk	3.5 oz ravioli W I f cheese 2 oz greenbean ½ cup slice oranges 6-8 oz 1% milk	1.5 oz baked fish 1 sl wgw bread 2 oz broccoli ½ cup applesauce 6oz 1% milk	2 oz meatball 2 oz spaghetti 4 oz toss salad ½ cup candelope 6-8 oz 1 % milk	3.5 oz pizza W I f cheese 4 oz toss salad ½ cup slice apples 6-8 1% milk	21 DAYS
WEEK 5 30-31		MEMORIAL DAY	3.5 oz macaroni W I f cheese 2 oz mix vegetable ½ cup oranges 6-8 oz 1% milk				